

#WorldEBHCDay | worlddebhcd.org

I mainly use AI as an assistant in preparing and refining scholar texts, presentations, and other work outputs. It helps me quickly develop ideas, clarify text, and save time

What matters most, however, is always my own first idea – knowing what I want from AI. Equally important is being able to judge quickly whether the output is truly good and usable.



Miloslav Klugar

Head of the NIKEZ Methodological Centre and the international JBI, Cochrane and GRADE Centres

NIKEZ NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

Vladimír Černý

*Clinical
Deputy
Head*



I use AI primarily to help design project structures. But there is one non-negotiable condition: I must understand the subject myself and know exactly what I want to achieve.

My guiding principle is simple: never ask AI to do work you are incapable of judging—and never confuse a confident answer with a correct one.



NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcday.org

A partner in getting things done – that's how I'd describe working with AI. It helps me edit and simplify texts, check clarity, provide feedback, and create or refine images.

But I stay cautious: not everything AI produces is correct, and it should never replace thinking. AI is a good servant, but a bad master.



**Andrea
Pavlíková**

*Deputy
Head*



NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worldebhcday.org

I use AI as a practical assistant in my everyday work. It helps me edit texts, translate, find better wording, and organize information. It's fast, patient, and never complains about working overtime. 😊

It's a great assistant, but fortunately it still can't do my thinking for me.

**Dagmar
Tučková**

*Senior
methodologist*



NIKEZ

NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ

JBÍ
ČESKÁ REPUBLIKA
JBÍ Česká republika

Czech
GRADE
Network

Cochrane
Česká republika

WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worldebhcday.org



Julija Pavlovská

*Senior
methodologist*

As a methodologist developing healthcare guidelines, I use AI to help process source materials. It structures and formats text clearly, but does not invent facts.

One strict rule applies: every claim must have a verifiable source; otherwise, it is not included.

NIKEZ

NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcday.org

I mainly use AI at work. It helps me quickly get oriented in new topics, make texts clearer and easier to follow, create tables, and translate short texts.

It also helps me look at problems from different perspectives and explore different possible solutions.

**Pavla
Drapá-
čová**

*Junior
methodologist*



NIKEZ

NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ

JBÍ
ČESKÁ REPUBLIKA
JBÍ Česká republika

Czech
GRADE
Network

Cochrane
Česká republika

WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcday.org

AI helps me refine complex scripts and combine them into larger, functional workflows. I also use document tools to navigate long texts faster and for brainstorming on complex tasks.

Anything created with AI is checked for factual accuracy and assessed using my own professional judgment.



**Eva
Nevrtalo-
vá**

*Junior
methodologist*

NIKEZ

NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcday.org



Jana Kopečná

*Informational
specialist*

I use AI for brainstorming, simplifying complex topics, and turning ideas into clear messages. It helps me find the right words and see problems from different angles.

I also use it to draft professional texts and emails, create visual concepts and social media content, and refine search strategies, find synonyms, and check spelling.

NIKEZ NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ

JBÍ
ČESKÁ REPUBLIKA
JBÍ Česká republika

Czech
GRADE
Network

Cochrane
Česká republika

WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcday.org

I often use AI to prepare emails and short texts, especially to improve clarity, structure, and tone. It also helps me brainstorm complex tasks and gives initial feedback on work in progress.

I always verify AI-assisted outputs for accuracy and assess them using my own professional judgment.



**Pavel
Kopečný**

*informational
specialist*

NIKEZ NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ

JBÍ
ČESKÁ REPUBLIKA
JBÍ Česká republika

Czech
GRADE
Network

Cochrane
Česká republika

WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc

#WorldEBHCDay | worlddebhcd.org

Zuzana Nováková

*Communica-
tions expert*



AI helps me turn ideas into concrete results every day. I use it to create social media content, brainstorm new topics, translate and edit texts, and summarize professional information.

I see it as a tool that makes my work easier and gives me more space for creativity.



NÁRODNÍ INSTITUT
KVALITY A EXCELENCE
ZDRAVOTNICTVÍ



WORLD
EVIDENCE-BASED
HEALTHCARE DAY

OCTOBER 20

ebhc